**TIDSSKEMA 2024 ENDELIGT - DM MANGEKAMP OG SPARTA COPENHAGEN GAMES - LØRDAG DEN 24. AUGUST**

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| **TID** | **LØB 1** | **LÆNGDE 1** | **HØJDE I** | **HØJDE II** | **STANG** | **KUGLE** | **DISKOS** | **SPYD** | **TID** |
| 12:00 | 100m Masters M(3) |  | SCG-M(2)+K(3) |  |  |  |  |  | 12:00 |
| 12:05 | 100m D17(9) |  |  |  |  |  |  |  | 12:05 |
| 12:15 | 100m D19(2)+M(5) |  |  |  |  |  |  |  | 12:10 |
| 12:25 | 60H P13 (7) |  |  |  |  |  |  |  | 12:20 |
| 12:35 | 80H D13 (8) |  |  |  |  |  |  |  | 12:30 |
| 12:40 | 80H P15 (10) |  |  |  |  |  |  |  | 12:35 |
| 12:45 |  | D17(9) |  |  |  |  |  |  | 12:45 |
| 12:45 |  | Masters M (3) |  |  |  |  |  |  | 12:45 |
| 12:45 |  | D19(2)+M(5) |  |  |  |  |  |  | 12:45 |
| 12:50 | 100H D15 (5) |  |  |  |  |  |  |  | 12:50 |
| 13:00 | 100H P17 (6) |  |  |  |  | P13 (7) |  |  | 13:00 |
| 13:00 |  |  |  |  |  | D13 (8) |  |  | 13:00 |
| 13:10 | 100H P19(5) |  |  | P15 (10) |  |  |  |  | 13:10 |
| 13:15 | 100H K(4) |  |  |  |  |  |  |  | 13:15 |
| 13:30 | SCG-100m K(11) |  |  |  |  |  | D15 (5) |  | 13:30 |
| 13.45 | SG-100m M(7) |  |  |  |  |  |  |  | 13.45 |
| 14:00 |  |  | P17(6) |  |  |  |  |  | 14:00 |
| 14:00 |  |  | P19(5)+K(4) |  |  |  |  |  | 14:00 |
| 14:15 |  |  |  |  |  |  D17(9) |  |  | 14:15 |
| 14:15 |  | P13 (7) |  |  |  | Masters M(3) |  |  | 14:15 |
| 14:15 |  | D13 (8) |  |  |  | D19(2)+M(5) |  |  | 14:15 |
| 14:45 | SCG-100m ekstra |  |  |  | D15 (5) |  |  |  | 14:45 |
| 15:00 |  |  |  |  |  | P15 (10) |  |  | 15:00 |
| 15:30 |  |  | D17(9) |  |  |  |  | P13 (7) | 15:30 |
| 15:30 |  |  | Masters M(3) |  |  |  |  | D13 (8) | 15:30 |
| 15:30 |  |  | D19(2)+M(5) |  |  |  |  |  | 15:30 |
| 16:00 | SCG-200m K(6) |  |  |  |  | P17(6) |  |  | 16:00 |
| 16:00 |  |  |  |  |  | P19(5)+K(4) |  |  | 16:00 |
| 16:07 | SCG-200m M(7) |  |  |  |  |  |  |  | 16:07 |
| 16:15 | 200m P15 (10) |  |  |  |  |  |  |  | 16:15 |
| 16:30 | 400m Masters M(3) |  |  |  |  |  |  | D15 (5) | 16:30 |
| 17:00 | 200m P17 (6) |  |  |  |  |  |  |  | 17:00 |
| 17:05 | 200m P19(5) |  |  |  |  |  |  |  | 17:05 |
| 17:10 | 200m K(4) |  |  |  |  |  |  |  | 17:10 |
| 17:15 | 600m P13 (7) |  |  |  |  |  |  |  | 17:15 |
| 17:15 | 600m D13 (8) |  |  |  |  |  |  |  | 17:15 |
| 17:30 | 200m D15 (5) |  |  |  |  |  |  |  | 17:30 |
| 17:45 | 400m D17(9) |  |  |  |  |  |  |  | 17:45 |
| 17:55 | 400m D19(2)+M(5) |  |  |  |  |  |  |  | 17:55 |
| 18:00 | SG-400m K(8) |  |  |  |  |  |  |  | 18:00 |
| 18:05 | SG-400m M(3) |  |  |  |  |  |  |  | 18:05 |

**TIDSSKEMA 2024 ENDELIGT - DM MANGEKAMP OG SPARTA COPENHAGEN GAMES - SØNDAG DEN 25. AUGUST**

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| **TID** | **LØB** | **LÆNGDE 1** | **LÆNGDE 2** | **HØJDE**  | **STANG** | **KUGLE** | **DISKOS** | **SPYD/BOLD** | **TID** |
| 10:00 | 80H M70 (2)100H M60 (1) |  |  |  |  | P11(12)+D11(6) |  | P11(2)+D11(5) | 10:00 |
| 10:15 | 110H D17(9) |  |  |  |  |  |  |  | 10:15 |
| 10:30 | 110H D19(2) | D15 (5) | P15 (10) |  |  |  |  |  | 10:30 |
| 10:30 | 110H M(5) |  |  |  |  |  |  |  | 10:30 |
| 11:10 |  |  |  |  |  |  | D17(9) |  | 11:10 |
| 11:10 |  |  |  |  |  |  | Masters M(3) |  | 11:10 |
| 11:10 |  |  |  |  |  |  | D19(2)+M(5) |  | 11:10 |
| 11:15 | 60m D11 (9) |  |  |  |  |  |  |  | 11:15 |
| 11:25 | 60m P11 (13) |  |  |  |  |  |  |  | 11:25 |
| 11:30 |  | P17(6) |  |  |  | D15 (5) |  |  | 11:30 |
| 11:30 |  | P19(5)+K(4) |  |  |  |  |  |  | 11:30 |
| 12:00 |  |  | P11(9)+ D11(9) | P11(5)+D11(2) |  |  |  | P15 (10) | 12:00 |
| 12:30 |  |  |  |  | D17(9) |  |  |  | 12:30 |
| 12:30 |  |  |  |  | Masters M(3) |  |  |  | 12:30 |
| 12:30 |  |  |  |  | D19(2)+M(5) |  |  |  | 12:30 |
| 13:00 | SCG-800m K(6) |  |  | D15 (5) |  |  |  | P17(6) | 13:00 |
| 13:00 |  |  |  |  |  |  |  | P19(5)+K(4) | 13:00 |
| 13:07 | SCG-800m M(2) |  |  |  |  |  |  |  | 13:07 |
| 13:15 | 800m P15 (10) |  |  |  |  |  |  |  | 13:15 |
| 13:30 | 1000m P11(1)+D11(2) | SCG-M(2)+K(6) |  |  |  |  |  |  | 13:30 |
| 14:00 |  |  |  |  |  |  |  | Masters M(3) | 14:00 |
| 14:30 | 800m P17(6) |  |  |  |  |  |  |  | 14:30 |
| 14:40 | 800m P19(5)+K(4) |  |  |  |  |  |  |  | 14:40 |
| 15:00 | 800m D15(5) |  |  |  |  |  |  | D17(9) | 15:00 |
| 15:00 |  |  |  |  |  |  |  | D19(2)+M(5) | 15:00 |
| 15:15 | 1500m Masters M(3) |  |  |  |  |  |  |  | 15:15 |
| 16:15 | 1500m D17(9) |  |  |  |  |  |  |  | 16:15 |
| 16:15 | 1500m D19(2)+M(5) |  |  |  |  |  |  |  | 16:15 |